

# Term 1 Planner

January - February

Sat  
27 Jan

**New Routine  
Intro + Class\***

9.30-  
11am

Thu  
1 Feb

5.45-  
7.15pm

\*Above Nia  
events not  
included in  
term pass

Sat

3 Feb

10am

Thu

8 Feb

6.15pm

Sat

10 Feb

No  
Nia

Thu

15 Feb

5.45pm  
& 7pm

Sat

17 Feb

9.30am

Thu

22 Feb

5.45pm  
& 7pm

Sat

24 Feb

No  
Nia

Thu

29 Feb

5.45pm  
& 7pm

March

Sat

2 Mar

9.30am

Thu

7 Mar

5.45pm  
& 7pm

Sat

9 Mar

No  
Nia

Thu

14 Mar

5.45pm  
& 7pm

Sat

16 Mar

9.30am

Thu

21 Mar

5.45pm  
& 7pm

Sat

23 Mar

No  
Nia

Thu

28 Mar

5.45pm  
& 7pm

Sat

30 Mar

9.30am

April

Thu

4 Apr

5.45pm  
& 7pm

Sat

6 Apr

No  
Nia

Thu

11 Apr

5.45pm  
& 7pm

Sat

13 Apr

**Nia  
White  
Belt  
begins!**

Daily public Nia classes will be offered 13-19 April during the  
Nia White Belt: Art of Sensation training week